

### 48.5 HR ALTERNATIVE ELIGIBILITY REVIEW COURSE Course Control Document Timothy K. Marshel, MBA, R.T. (R), (N)(CT)(MR)(NCT)(PET)(CNMT) The PET/CT Training Institute, Inc.

SNMMI-TS: 029998 41hr PET Alternative Eligibility Course, Part I: SNMMI-TS: 029880 7.5hr PET Alternative Eligibility Course, Part II:

#### Module I: RADIOPHARMACY

TOPIC: Syllabus

TOPIC: Pretest

TOPIC: Lecture: MIWIQI: 028714: Basic Math Skills for Nuclear Medicine Technologist I

Objectives:

1.5 CEH

- 1. Explain how to use the Texas Instruments 30 (x) II A Calculator.
- 2. Demonstrate how to solve the following math problems with the calculator.
  - Radioactive Decay using half-lives
  - Pre-Calibrations
  - Specific Concentrations
- 3. MIWIQI: QUIZ I: Must score 80% or greater on this and all other tests. You are allowed up to two attempts to successfully complete each test without penalty.

TOPIC: Lecture: MIWIQII: 028715: Basic Math Skills for the Nuclear Medicine Technologist II.

**Objectives:** 

2.0 CEH

- 1. Explain how to solve the following math problems with the calculator.
  - Dose Volume Calculations

- Effective Half-life
- Radiation Dose versus time
- Radiation Dose versus distance from source
- Half Value Layers
- Units of Activity, Exposure, and Absorption
- 2. MIWIQII: QUIZ II:
- 3. MIWIEI: EXAM I:

#### TOPIC: Lecture: MIWIIQI: 028716: Production of Radionuclides

#### Objectives:

#### 2.0 CEH

- 1. Describe nuclear stability and its relationship to radioactive decay.
- 2. Describe the basic mechanisms for radionuclide production in a reactor.
- 3. Describe the fundamentals of particle accelerator operations and the production of radionuclides using particle accelerators.
- 4. Describe generator kinetics in the production of radionuclides, and detail the difference between transient and secular equilibrium.
- 5. MIWIIQI: QUIZ I:

#### TOPIC: Lecture: MIWIIQII: 028717: PET Radiopharmaceuticals

Objectives:

2.0 CEH

- 1. List and describe the properties of PET Radiopharmaeuticals.
- 2. Describe Fluorine 18 PET Radiopharmaceuticals.
- 3. Describe Carbon 11 PET Radiopharmaceuticals.
- 4. Describe Oxygen 15 PET Radiopharmaceuticals.
- 5. Describe Nitrogen 13 PET Radiopharmaceuticals.
- 6. MIWIIQII: QUIZ II:
- 7. MIWIIEII: EXAM II:

#### Module I Week III Quiz I:

#### TOPIC: Lecture: MIWIIQI: 028718: Radiopharmaceutical Quality Control

Objectives:

- 1. Describe the difference between quality control relative to radionuclide purity, radiochemical purity, and chemical impurities.
- 2. Describe the difference between sterile compounds and compounds containing pyrogens, and test for ensuring these properties.
- **3.** MIWIIIQI: QUIZ I:

#### TOPIC: Lecture: MIWIIIQII: 028719: The Nuclear Pharmacy

Objectives:

2.0 CEH

- 1. Discuss the Hot Lab Floor Plan.
- 2. Identify the restricted areas.
- 3. Discuss radioactive storage and shielding requirements.
- 4. Discuss the work surfaces and sinks.
- 5. Discuss required records.
- 6. Discuss the Unit Dose Manager.
- 7. MIWIIIQII: QUIZ II:
- 8. MIWIIIEIII: EXAM III:

#### TOPIC: Lecture: MIWIVQI: 028720: Radioactive Receipt

#### **Objectives:**

- 1. Describe how to perform a wipe test on incoming shipments.
- 2. Describe how to perform a survey of an incoming shipment of radioactive materials.
- 3. MIWIVQI: QUIZ I:

TOPIC: Lecture: MIWIVQII: 028721: Radioactive Disposal

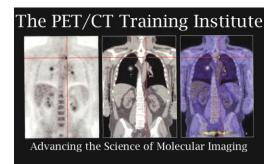
**Objectives:** 

# 2.0 CEH

2.0 CEH

2.0 CEH

- 1. Describe CFR 20: Decay in storage procedures
- 2. Describe Regulatory Issues related to dispensing of radioactive materials 10 CFR 49.
- 3. Describe daily radiation surveys.
- 4. MIWIVQII: QUIZ II:
- 5. MIWIVEIV: EXAM II:



Module II: RADIATION SAFETY

TOPIC: Lecture: MIIWIQI: 028609: The History of Radiobiology

#### Objectives:

1.5 CEH

- 1. Describe the Law of Bergonie and Tribondeau
- 2. Describe Fractionation Theory
- 3. Describe Mutagenesis effects of radiation exposure.
- 4. Describe the Effects of Oxygen as a radio-sensitizer.
- 5. Describe Effects of Radiation on Reproductive Failure
- 6. MIIWIQI: QUIZ I: Must score 80% or greater on this and all other tests. You are allowed up to two attempts to successfully complete each test without penalty.

#### TOPIC: Lecture: MIIWIQII: 028610: Cellular Anatomy and Physiology

#### **Objectives:**

- 1. Indicate parts of the cell
- 2. Identify organic compounds and their functions
- 3. Identify inorganic compounds and their functions
- 4. Explain Mitosis
- 5. Explain Meiosis
- 6. MIIWIQII: QUIZ II:

7. MIIWIEI: EXAM I:

#### TOPIC: Lecture: MIIWIIQI: 028611: Cellular Effects of Radiation

Objectives:

- 1.5 CEH
- 1. Inspect the direct and indirect effects of radiation.
- 2. Evaluate the radiolysis of water.
- 3. Analyze the types of dose-response relationships.
- 4. Describe target theory.
- 5. Explain Cell survival curves.
- 6. MIIWIIQI: QUIZ I:

#### TOPIC: Lecture: MIIWIIQII: 028612: Effects of Initial Exposure to Radiation

#### Objectives:

- 1. Describe hematological, gastrointestinal, and central nervous system syndromes.
- 2. Describe the local tissue damage to the skin, eyes and gonads.
- 3. Explain hematologic and cytogenetic effects.
- 4. MIIWIIQII: QUIZ II:
- 5. MIIWIIEII: EXAM II:

#### TOPIC: Lecture: MIIWIIQI: 028613: Effects of Long-Term Exposure to Radiation

#### **Objectives:**

#### 1.5 CEH

1.5 CEH

- 1. Describe epidemiology.
- 2. Examine Risk Estimation Models.
- 3. Examine Radiation Induced malignancies.
- 4. Identify life span shortening.
- 5. Describe genetic damage.
- 6. Explain irradiation of the fetus.
- 7. Analyze stochastic and non-stochastic effects.
- 8. MIIWIIIQI: QUIZ I:

#### TOPIC: Lecture: MIIWIIIQII: 028614: Protection of Personnel

#### Objectives:

- 1. Describe the rationale for radiation protection.
- 2. Explain personnel dosimeters, dosimetry reports, and duties of the RSO.
- 3. Define and calculate the dose-limiting recommendations for PET/CT personnel.

- 4. Explain the basic structural shielding construction and list the items that influence this construction.
- 5. Describe how the PET/CT Technologist can decrease their radiation exposure during the patient preparation and scanning sequences.
- 6. Describe how using distance can decrease radiation exposure.
- 7. Illustrate the Inverse Square Law.
- 8. Identify garments that can be worn to reduce radiation exposure and explain how each garment should be used.
- 9. MIIWIIIQII: QUIZ II:
- 10. MIIWIIIEIII: EXAM III:

## TOPIC: Lecture: MIIWIVQI: 028615: Measuring Patient Dose from Computerized Tomography Scanners

Objectives:

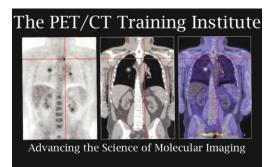
1.5 CEH

- 1. Describe CT Scanner X-Ray Beam Geometry
- 2. Explain Methods of Measuring Patient Dose.
- 3. Describe Multiple Scan Average Dose curves.
- 4. Define CT Dose Index.
- 5. Measuring the CT Dose Index.
- 6. Describe Spiral/Helical CT Scanner Dosimetry.
- 7. Explain methods for reducing the patient dose from the CT Scanner.
- 8. Illustrate dosimetry survey of CT Scanners.
- 9. MIIWIVQI: QUIZ I:

#### TOPIC: Lecture: MIIWIVQII: 028616: Radiation Safety in PET Imaging

#### Objectives:

- 1. Describe cautions signs and labels.
- 2. Describe the Do's and Don'ts in PET Radiation protection.
- 3. Explain how to clean up a radioactive spill.
- 4. MIIWIVQII: QUIZ II:
- 5. MIIWIVEIV: EXAM IV:



#### Module III: INSTRUMENTATION

#### TOPIC: Lecture: MIIIWIQI: 028722: Intro to Survey Meters

#### Objectives:

#### 1.5 CEH

2.0 CEH

1. Describe the construction and operating principles of gas filled detectors, to include the GM Survey Meter and ionization detectors.

- 2. Describe the Quality Control requirements to maintain compliance for a Survey meter.
- 3. Demonstrate how to use a Survey Meter.
- 4. Describe how to read the Survey Meter.
- 5. Describe Constancy procedures.
- 6. Describe a battery check.

7. MIIIWIQI: QUIZ I: Must score 80% or greater on this and all other tests. You are allowed up to two attempts to successfully complete each test without penalty.

#### TOPIC: Lecture: MIIIWIQII: 028723: Intro to Dose Calibrators

#### **Objectives:**

- 1. Describe the construction and operating principles of a Dose Calibrator.
- 2. Describe the Quality Control requirements to maintain compliance.
- 3. Describe Constancy procedures.
- 4. Describe Accuracy procedures.
- 5. Describe Linearity procedures.

- 6. Describe Geometric Variations procedures.
- 7. MIIIWIQII: QUIZ II:
- 8. MIIIWIEI: EXAM I:

#### TOPIC: Lecture: MIIIWIIQI: 028724: Intro to Scintillation Detectors

#### Objectives:

#### 2.0 CEH

2.0 CEH

- 1. Describe the physics of converting light into electrons via photoelectric interactions in the crystals.
- 2. Describe the use of collimators in limiting the photon beam.
- 3. Describe the relationship between Spatial Resolution and Spatial Sensitivity in collimator choice.
- 4. MIIIWIIQI: QUIZ I:

#### TOPIC: Lecture: MIIIWIIQII: 028725: The Electronics of Scintigraphy

**Objectives:** 

- 1. Describe the Pulse Height Analyzer
- 2. Describe the use of Upper and Lower Level discrimators.
- 3. Describe the Quality Control of a Gamma Camera.
- 4. Describe the Daily Spatial Uniformity Flood.
- 5. Describe the Weekly Spatial Resolution Test.
- 6. Describe the Weekly Spatial Linearity Test.
- 7. Describe the Center of Rotation procedures.
- 8. Describe the Uniformity Correction Flood.
- 9. MIIWIIQII: QUIZ II:
- 10. MIIWIIEII: EXAM II:

TOPIC: Lecture: MIIIWIIIQI: 028621: PET Instrumentation

**Objectives:** 

- 1. List detector crystals that can be used for PET imaging and describe their properties.
- 2. Explain the fundamental operation of dedicated and Hybrid PET Scanners and their design.
- 3. Describe the detection of True, Scatter, and random events.
- 4. Describe Transmission imaging and its need and use in attenuation corrected images.
- 5. Characterize the visual presentation of non-attenuated and attenuated corrected images.
- 6. MIIIWIIIQI: QUIZ I:

#### TOPIC: Lecture: MIIIWIIIQII: 028622: Acquisition, Processing, and Display of PET Images.

#### Objectives

#### 1.5 CEH

- 1. Describe 2D and 3D acquisition protocols.
- 2. Describe scan protocol parameters.
- 3. Describe Whole-Body versus Total Body acquisition modes.
- 4. Describe Dynamic Acquisition modes.
- 5. Define SUV and explain how it is calculated and used.
- 6. Describe critical elements in generating quantitative measurements.
- 7. Describe the process of data reconstruction.
- 8. Describe the implications of image fusion and describe the PET/CT Scanner.
- 9. MIIIWIIIQII: QUIZ II:
- **10.** MIIIWIIIEIII: EXAM III:

#### TOPIC: Lecture: MIIIWIVQI: 028623: An Overview of PET Quality Control Procedures

#### Objectives:

## 1.5 CEH

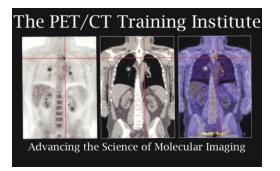
- 1. Describe the daily quality control procedures performed on a Hybrid PET/CT Scanner.
- 2. Describe the frequency of PET/CT Quality Control Procedures.
- 3. Analyze a typical Blank Scan.
- 4. Describe Blank Scans.
- 5. Describe Coincidence Timing Circuitry.
- 6. Describe Singles.
- 7. Describe Normalization
- 8. Describe Well Counter Calibration.
- 9. MIIIWIVQI: QUIZ I:

#### TOPIC: Lecture: MIIIWIVQII: 028624: Troubleshooting Image Artifacts in PET/CT

#### Objectives:

- 1. Identify mis-registration artifacts.
- 2. Describe Patient Motion Artifacts.
- 3. Describe Beam Hardening Artifacts.
- 4. Identify Contrast Material Artifacts.
- 5. Describe Partial Volume Averaging Artifacts.

- 6. Describe Equipment induced Artifacts.
- 7. Analyze Metal Artifacts.
- 8. Identify Ring Artifacts.
- 9. MIIIWIVQII: QUIZ II:
- 10. MIIIWIVEII: EXAM IV



## Module IV: Part II: PET Alternative Eligibility Course

Lecture Topic: 029880: MIVWIQI: Lecture I: "Methods for Reducing Radiation Exposure in a PET/CT Lab: <u>PET Component"</u>

#### Lecture Overview:

This online self-study course is intended to inform the technologist in practical methods to reduce the radiation exposure in the PET/CT Lab to the patient, visitors, and staff.

#### Learning Objectives:

2.0 hr

Upon successful completion of this online self-study course, the technologist will be able to:

- List the various sources of radiation exposure found in a PET/CT Lab.
- Identify ways to reduce the radiation exposures from a PET/CT Lab department layout.
- Explore safe practice considerations when designing a PET/CT Lab.
- Discuss the key team members in planning a PET/CT Lab.
- List methods for restricting access to controlled and uncontrolled areas in a PET/CT Lab.
- Explain potential areas of exposures found in the PET hot lab.
- Discuss the Room Layout in designing a PET/CT Lab.
- Discuss the Interview, Consultation, and Office layout design for the PET/CT Lab.
- Discuss the Waiting and Uptake Room layout design plans for a PET/CT Lab.
- Discuss the Scanning Room layout design for a PET/CT Lab.

- Discuss the Post Scan or Recovery Room for a PET/CT Lab.
- Explain shielding exposure limiting considerations for a PET/CT Lab.
- Discuss Dose Reduction Strategies for the staff.
- Describe the requirements of a good Radiation Safety Program.
- Discuss the categories of hazards and weighting factors within a PET/CT Lab.
- Explore the biological effects of radiation exposures.
- Define ALARA.
- Define Background Equivalent Radiation Time (BERT).
- List sources of natural background radiations.
- Identify the various organizations involved in regulating radiation exposures.

#### Course Outline:

- I. Sources of Radiation Exposure
  - 1. Radiopharmaceuticals
  - 2. Patients
  - 3. Sealed sources
  - 4. CT Scanner
  - 5. Toilet
  - 6. Injection room
  - 7. Waiting room
  - 8. Waste storage
- II. Layout of a PET/CT Lab
- III. Workplace Practice Considerations
  - 1. Number of Patients
  - 2. Type and amount of radiopharmaceutical
  - 3. Length of time near a patient
  - 4. Physical PET/CT Lab layout
    - a. Assaying radiopharmaceuticals
    - b. Administering and preparation of radiopharmaceuticals
    - c. Uptake period
    - d. Escorting patients to and from the scan room
    - e. Patient positioning
    - f. Daily quality Control
- IV. Minimizing exposures
  - 1. Department design
  - 2. Good safe practices
  - 3. Patient instructions/cooperation
  - 4. Time, Distance, and Shielding
- V. Planning team
  - 1. Architect
  - 2. Project manager
  - 3. Medical physicist

- 4. Radiation Safety Officer
- 5. Construction Site Engineer
- 6. Administration
- 7. PET/CT Technologist
- 8. PET/CT Physician
- VI. Controlled and Restricted areas
  - 1. Radiopharmaceutical storage
  - 2. Calibration sources
  - 3. Dispensing
  - 4. Waste storage
  - 5. Patient Injection area
  - 6. Patient Holding and uptake Room
    - a. Recliner
    - b. Gurney
    - c. Shielded waste and sharps container
    - d. Dimmer light switch
    - e. Climate control
    - f. Closed circuit TV
  - 7. Patient toilet
  - 8. Interview Room
  - 9. Waiting Room
  - 10. Scan Room
    - a. Leaded glass window
    - b. Communication system
    - c. IV Contrast Injector
  - 11. Post scan changing room
- VII. Shielding considerations
  - 1. Limited exposure
    - a. Patients
    - b. Workers
    - c. Visitors
    - d. Detectors
  - 2. Calculating PET/CT Shielding needed
    - a. Dose rate constant
    - b. External dose rate
    - c. Typical activity
    - d. Uptake time
    - e. Workload
  - 3. CT Shielding
    - a. Scan room
- VIII. Dose reduction strategies for the staff
  - 1. Patient handling

- 2. Occupational exposures
- IX. Radiation Protection Program Staff
  - 1. Responsibilities
  - 2. Radiation Safety Committee
  - 3. Rules
  - 4. Protocols
  - 5. Practices
    - a. Radiopharmacist
    - b. PET/CT Technologist
    - c. Nursing
    - d. Ancillary support
- X. PET/CT Category of Hazards
  - 1. Hot Lab Category of Hazards
    - a. Low Hazard
    - b. Medium Hazard
    - c. High Hazard
  - 2. Weighting factors according to radionuclide
    - a. Class radionuclide
  - 3. Weighting factors according to area
  - 4. Premises not frequented by patients
    - a. Low Hazard
    - b. Medium Hazard
    - c. High Hazard
  - 5. Premises frequented by patients
    - a. Low Hazard
    - b. Medium Hazard
    - c. High Hazard
- XI. Biological effects of radiation exposures
- XII. ALARA
- XIII. Background Equivalent Radiation Time (BERT)
- XIV. Natural background radiations
  - 1. Terrestrials
  - 2. Cosmic
  - 3. Internal
  - 4. Man-Made
- XV. Organizations involved in regulating radiation exposures
  - 1. NCRP
  - 2. ICRP
  - 3. NRC
  - 4. EPA
  - 5. FDA
  - 6. OSHA

## Course Lecture: 029880: MIVWIQII: Lecture II: <u>"Methods for Reducing Radiation Exposure in PET/CT</u> Lab : CT Component"

#### Lecture Overview:

This online self-study course is intended to inform the technologist in practical methods to reduce the radiation exposure in the PET/CT Lab by modifying key CT acquisition parameters, utilizing immobilization devices, and assisting the physician with sedation medications to minimize patient motion.

#### Learning Objectives:

2.0 hr

Upon successful completion of this online self-study course, the technologist will be able to:

- Identify various types of CT scanner rotations.
- Define the traditional units of radiation exposure.
- Define the international units of radiation exposure.
- Discuss CT Dosimetry measurements.
- Discuss CT beam geometry.
- Explain factors effecting patient dose from a CT scanner.
- Discuss dose reduction methods with a CT scanner.
- Discuss the importance of proper patient positioning.
- Identify key CT acquisition parameters effects on radiation exposure.
- Discuss various types of patient shielding devices.
- List effective radiation dose values from a CT scan.
- Identify alternative methods for dose reduction.
- Discuss the parent's role in reducing a child's radiation exposure.
- Discuss standardized CT protocol development.
- List child immobilization devices used to control patient motion.
- Discuss alternative immobilization devices found within the lab.
- Discuss methods for sedating a child.
- List required equipment needed to sedate a child.
- Discuss sedation medication effects.
- List common sedation medications.
- Describe intra procedural monitoring.
- Discuss post procedural monitoring.

Course Outline:

- I. CT scanner rotation
  - 1. Axial
  - 2. Volume
  - 3. Multislice
    - a. Fundamentals
    - b. Effectiveness
    - c. Quad detectors
- II. Traditional radiation units
  - 1. Roentgen
  - 2. RAD
  - 3. REM
- III. International radiation units
  - 1. C/kg
  - 2. Gray
  - 3. Sievert
- IV. Ionization chambers
- V. CT Dosimetry
  - 1. CTDI
  - 2. MSAD
  - 3. CT dose metrics
  - 4. CT dose volume
  - 5. Effective dose
- VI. Tissue weighting factors
- VII. CT beam geometry
  - 1. MSAD
  - 2. CTDI
  - 3. CT vs. MSAD
  - 4. Effects
  - 5. MSAD vs. Bed Index

VIII. Factors affecting patient dose

- 1. Kvp
- 2. mAs
- 3. Pitch
- 4. Collimation
- 5. Bed Index
- 6. Beam Geometry
- 7. Detector set up
  - a. Repeats
  - b. Shielding
  - c. Alignment

- d. Patient size
- IX. Dose reduction methods
  - 1. Bed Index
  - 2. Spiral pitch
  - 3. Collimation
  - 4. Noise
  - 5. Source distance
  - 6. Object distance
  - 7. Kvp
  - 8. mAs
  - 9. Patient positioning
  - 10. Correct alignment
  - 11. Tube position for scout
- X. Effects on image quality
  - 1. Kvp
  - 2. Field of View
  - 3. Filters
  - 4. Noise
  - 5. Slice thickness
  - 6. Post processing filters
  - 7. Algorythms
  - 8. Rotation time
  - 9. Dose modulation
  - 10. Patient alignment
- XI. Shielding
  - 1. Contact shields
  - 2. Gonadal Shields
  - 3. Bismuth Breast shields
  - 4. Protocols
- XII. Effective Radiation Dose Values
- XIII. Alternative methods for reducing radiation exposure
- XIV.Parents role in reducing radiation exposures to the child
- XV. CT Protocol development
  - 1. CT protocols
  - 2. Technologist role
  - 3. Manufacturers role
  - 4. Physicians role
- XVI. Child Immobilization devices
  - 1. Tam-Em Boards
  - 2. Papoose Boards
  - 3. Alternative immobilization devices
    - a. Tape

- b. Sheets
- c. Towels
- d. Sand bags
- e. Sponge blocks
- f. Compression bands
- g. Stockinettes
- h. Ace bandages

#### XVII. Sedation

- 1. Consent
- 2. Pre sedation evaluation
  - a. Allergies
  - b. Medications history
  - c. Past history
  - d. Last meal
- 3. Patient preparation
  - a. Clear liquids
  - b. Breast milk
  - c. Formula/light solids
- 4. Monitoring/training of personnel
- 5. Equipment
  - a. Crash cart
  - b. Oxygen
  - c. Ventilation bags
  - d. Masks
  - e. Suction
  - f. BP cuff
  - g. Pulse oximeter
  - h. Defibrillator
  - i. Drug antagonist
- XVIII. Sedation medications
  - 1. Sedation
  - 2. Analgesics
  - 3. Amnesia
    - a. Barbiturates
    - b. Benzodiazepines
    - c. Narcotics
    - d. Chloral hydrate
- XIX. Reversal agents
  - 1. Nalxone
  - 2. Flumazenil

XX. Intra procedural monitoring

XXI. Post procedural monitoring

### Course Lecture: 029880: MIVWIQIII: Lecture III: <u>"Basic Instrumentation of SPECT/CT: SPECT</u> <u>Component"</u>

#### Lecture Overview:

This online self-study course is intended to inform technologist on basic instrumentation, quality control, acquisition, reconstruction, and analysis of SPECT imaging.

#### Learning Objectives:

1.5 hr

Upon successful completion of this online self-study course, the technologist will be able to:

- Discuss basic instrumentation components of a gamma camera.
- Discuss factors affecting image formation.
- Identify key SPECT system computer hardware.
- Discuss frequency of SPECT gamma camera quality control.
- Discuss SPECT image acquisition modes.
- List gamma camera acquisition modes.
- List clinical application modes of SPECT/CT.
- Discuss SPECT reconstruction algorythms.
- Identify SPECT reorientation models.
- Discuss SPECT Display.
- Discuss SPECT quantitation programs.
- Identify various hard copy formats.

#### Course Outline:

- I. SPECT gamma camera instrumentation components
  - 1. Crystal
  - 2. Photomultiplier tubes
  - 3. High voltage power supply
  - 4. Pre-amplifier
  - 5. Amplifier
  - 6. Gain control
  - 7. Pulse height analyzer
  - 8. Spectrometers
  - 9. Scintillation crystals
  - 10. Positional circuitry
  - 11. Collimators
  - 12. SPECT cameras
- II. Factors affecting image formation

- 1. SPECT performance
- 2. Magnification factors
- 3. Multi-energy spatial registration
- 4. Uniformity
- 5. Collimator efficiency
- 6. Energy resolution
- 7. Count rate performance
- 8. SPECT quality control
- 9. Tomographic resolution
- 10. Patient motion
- 11. Center of Rotation
- III. SPECT Computer hardware
  - 1. Array processors
  - 2. Data acquisition systems
  - 3. Amplifier
  - 4. Analog to Digital Converters
  - 5. Sample Holding Units
- IV. SPECT frequency of Quality Control
  - 1. Uniformity
  - 2. Tomographic uniformity
  - 3. Spectrum display
  - 4. Energy resolution
  - 5. Sensitivity
  - 6. Pixel size
  - 7. Center of Rotation
  - 8. Linearity
  - 9. Resolution
  - 10. Count loss
  - 11. Multiple window
  - 12. Total performance phantoms
- V. Gamma Camera acquisition modes
  - 1. Static
  - 2. Dynamic
  - 3. List
  - 4. Gated SPECT
  - 5. Dynamic SPECT
  - 6. Whole Body SPECT
  - 7. SPECT
  - 8. SPECT/CT
- VI. Clinical applications of SPECT/CT
  - 1. Cardiac
  - 2. Bone

- 3. Renal
- 4. Gastric
- 5. Hepatobiliary
- 6. Thyroid
- 7. Pulmonary
- 8. Brain
- VII. SPECT image acquisition modes
  - 1. Step and shoot
  - 2. Continuous
  - 3. Continuous step and shoot
  - 4. 180 degrees vs. 360 degrees
  - 5. Image pixels
  - 6. Counts per pixel
  - 7. Number of projections
  - 8. Zoom
- VIII.SPECT Reconstruction Algorythms
  - 1. Filtered Back projection
  - 2. Iterative
  - 3. 9-Point smoothing
  - 4. Filtering
  - 5. Transformation of Domains
  - 6. Frequency domain
  - 7. Attenuation correction
- IX. SPECT Reorientation Models
  - 1. Transverse
  - 2. Longitudinal
  - 3. Oblique
  - 4. Cardiac
    - a. Vertical Long Axis
    - b. Horizontal Long Axis
  - c. Short Axis
- X. Hard Copy Formats
  - 1. Solid State Laser Printer
  - 2. Gas Laser Printers
  - 3. Image storage medias
  - 4. Picture Archival Communication Systems
- XI. SPECT Display
  - 1. Volume rendering
  - 2. Surface rendering
  - 3. Color vs. Grey Scale
- XII. SPECT Quantitation
  - 1. Perfusion Quantitation I

- 2. Perfusion Quantitation II
- 3. Polar Maps I
- 4. Polar Maps II
- 5. 3-D Cardiac

XIII. Exam

#### Course Lecture: 029880: MIVWIQIV: Lecture IV: "Basic Instrumentation of SPECT/CT: CT Component"

#### Lecture Overview:

This online self-study course is intended to inform technologist on basic physics, instrumentation, quality control, acquisition, reconstruction, and analysis of CT imaging.

#### Learning Objectives:

2.0 hr

Upon successful completion of this online self-study course, the technologist will be able to:

- Describe the physics processes involved in the production of x-rays.
- Describe the role of each component in the x-ray tube.
- Discuss the role of proper adjustment of x-ray tube voltage and current in CT.
- Discuss the key parameters of kVp, mA, Time, Slice thickness, and Slice Increments.
- Name the principle parts of a CT scanner.
- Discuss the function of each CT scanner component.
- Describe how a helical CT scanner operates and the component changes that made this technology possible.
- Describe how CT image data are acquired and processed.
- Describe the calculation process of Hounsfield units.
- Describe CT number values assigned to various tissues and how these values are assigned into meaningful display windowing.
- List parameters set by the operator for CT use and describe the effect of each on the images.
- Discuss the CT image quality issues.
- List the origin of CT image artifacts and describe their prevention.
- Discuss appropriate parameters for the acquisition of low-dose CT for SPECT attenuation correction.
- Describe the parameters and image characteristics required for a diagnostic-quality CT scan.
- Discuss the integration of CT procedures into the combined SPECT/CT examination.
- Discuss occupational radiation exposure from operating a CT scanner.
- Discuss patient radiation exposure from a CT scanner.
- Describe the frequency of CT quality control.
- Discuss CT quality control.
- Discuss basic SPECT/CT technology.
- Describe SPECT/CT architecture.

- Discuss the technical skills to operate a SPECT/CT system.
- Discuss the advantages of SPECT/CT.
- Discuss the effects of CT based attenuation correction in SPECT/CT.
- Discuss new and current radiopharmaceuticals used in SPECT/CT.
- Compare today's SPECT/CT systems

#### **Course Outline**

- I. Physics of X rays
  - 1. Bremsstrahlung radiation
  - 2. Characteristic radiation
- II. Production of X rays
  - 1. Tube design
- III. Key parameters
  - 1. kVp
  - 2. Miliamperage
  - 3. Time
  - 4. Slice thickness
  - 5. Slice increment
- IV. Voltage variations
- V. Filters
- VI. Principles of CT
- VII. Scanner design
  - 1. System configuration
  - 2. Electronics
    - a. Gantry
    - b. Detectors
    - c. Tube
    - d. Generator
    - e. Collimation
    - f. Rotation speed
    - g. Pitch
    - h. Increments
- VIII. Helical
- IX. Data acquisition
- X. Reconstruction
- XI. Display
- XII. Console
- XIII. Coordinate system

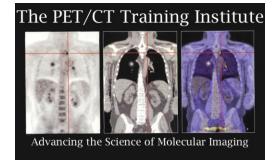
XIV.Table

- 1. Scan range
- 2. Field of View

- XV. Scanning methods
  - 1. Topogram
  - 2. Axial
  - 3. Volumetric
  - 4. Continuous
- XVI. Multi-slice fundamentals
  - 1. Effectiveness
  - 2. Dual slice
  - 3. Quad detectors
  - 4. Slip ring
- XVII. Image quality
  - 1. High contrast
  - 2. Low contrast
- XVIII. Noise
  - 1. Low dose attenuation correction
- XIX. Integrated SPECT/CT
  - 1. CT protocols
  - 2. Diagnostic CT
  - 3. Abdominal CT
  - 4. Chest CT
  - 5. Neck CT
- XX. Contrast agents
  - 1. Iodine
  - 2. Barium sulfate
  - 3. Gastrografin
  - 4. Rectal
- XXI. Advantages of CT
  - 1. Limitations
  - 2. Goals
- XXII. Density information
- XXIII. Window settings
  - 1. Spatial resolution
  - 2. Isotropic resolution
  - 3. Post processing
- XXIV. Pixel size
  - 1. Voxel size
- XXV. Grey scale
  - 1. CT numbers
- XXVI. CT computer
  - 1. Operating system
  - 2. Array processors
  - 3. Data acquisition system

- 4. Amplifier
- 5. ADC
- 6. Sample Hold Unit
- XXVII. Image storage devices
  - 1. Laser printers
  - 2. Hard copy
  - 3. Storage media
  - 4. Communication systems
- XXVIII. CT Quality Control
  - 1. Noise and field uniformity
  - 2. CT number linearity
  - 3. Low contrast detectability
  - 4. Spatial resolution
  - 5. Hard copy and display QC
- XXIX. Dosimetry Quality Control
  - 1. CTDI
  - 2. Patient
- XXX. Alignment laser accuracy
  - 1. Table increments
  - 2. Collimator
  - 3. Scan volume
  - 4. Helical pitch
- XXXI. Kilo voltage accuracy
- XXXII. Half value layers
- XXXIII. Exposure reproducibility and linearity
- XXXIV. Radiation profile width
- XXXV. Slice sensitivity profile
- XXXVI. Phantoms and test tools
- XXXVII. Acceptance testing
- XXXVIII. Continuous quality control program
  - 1. Localization light accuracy
  - 2. Slice thickness
  - 3. Image noise
  - 4. Field uniformity
  - 5. High contrast resolution
  - 6. Artifact evaluation
  - 7. CT number accuracy
  - 8. Display and hard copy image quality
- XXXIX. Daily QC tests
- XL. CT radiation safety
- XLI. Basic SPECT/CT technology
- XLII. SPECT/CT architecture

- XLIII. SPECT/CT protocol development
- XLIV. Technologist skills
- XLV. Advantages of SPECT/CT
- XLVI. Effects of CT based attenuation correction
- XLVII. Diagnostic CT
- XLVIII. Internal radiation dosimetry
- XLIX. Estimated radiation exposures
- L. Radiopharmaceuticals
- LI. Comparing SPECT/CT systems
  - 1. GE Lightspeed VCT
  - 2. GE Discovery NM/CT
  - 3. Mediso Anyscan
  - 4. Philips XCT
  - 5. Siemens Symbia
- LII. Exam
- LIII. Course Evaluation
- LIV. Post Test



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